

When practicing these exercises, try to keep the following five points in mind:

1. Center your body to the keyboard and don't move your feet unless absolutely necessary.
2. Strike the accidentals on the ends of the bars (but be careful not to play on the nodal areas above the cord; this is where the bar is least resonant).
3. Keep your hands low, knuckles almost touching the bars.
4. Use a good wrist action. Use your arms to position your hands; use your wrists to make the strokes.
5. Stay relaxed and practice both hands equally.

MARIMBA

1A. $\text{♩} = \text{ca. } 144$

R L R L etc.
L R L R etc.

1B. $\text{♩} = \text{ca. } 208$

R L R L etc.
L R L R etc.

2. $\text{♩} = \text{ca. } 144$

R L R L etc.
L R L R etc.

R L R L R L R L
L R L R L R L